

Short Introduction into His Teachings

His Life

Rarely anyone else but Bruno Gröning (1906 – 1959) caused such a stir in the Fifties in Germany. Thousands of ill people, war invalids and even incurable diagnosed got wondrous healings through him. In media therefore he got the name “miracle healer”. Some saw a new messiah in him others derided him as a charlatan.

Gröning became a phenomenon. Massive press hype started. Within a short time mass gatherings occurred at different places. On some days up to 30 000 people were counted. What he himself never aimed for but the sensation reporting of the media provoked reached its climax. Even the Wochenschau reported and they shot a feature-length documentary for cinema screenings about this extraordinary man. Prime minister Doc Erhard stated that such an “exceptional phenomenon” must not fail because of paragraphs. The Bavarian Home Office (Department of Internal Affairs) called Gröning’s activities „freie Liebestätigkeit“ (loosely translated: „free, love-giving action“).

But especially the medical fraternity was more than sceptic against this unstudied, simple man. Because of their pressure he got healing bans and got even chased juridically. A dramatic battle between academic medicine and spiritual healing broke out. On the 26th January 1959 Bruno Gröning died in Paris. His friends and admirers were deeply shocked by his sudden, unexpected death; his enemies took a breath of relief. Now the phenomenon Bruno Gröning seemed to be finally over. But this was a momentous mistake.

Till today associations, circles of friends and other groupings are engaged with this extraordinary man. Also, since 1959, there are countless people who swear by oath that they became healthy and happy through the implementing of his Teachings during simultaneous absorption of the divine healing power. Even his once acrimonious enemies, the general practitioners, by now open themselves here and there for his body of thoughts. The discussions about his person and his Teachings just don’t stop. Still today, mainly in the public, he often is named charlatan.

To adjudge a person is easy to judge is much harder. I personally engage myself in this man since 1985; I visited over 100 contemporary witnesses and partly interviewed them for my three-parts documentary „The Phenomenon of Bruno Gröning“. In addition, I studied countless documents about and of Bruno Gröning in several archives, did listen to a lot of recorded documents of him and through a high amount of photos I even got a very private inside. Therefore I think I can allow myself a judgement. In this context I want to refer to a part in the Bible in the Gospel according to Matthew (7,15 – 7,20): *„Beware of the false prophets, who come to you in sheep’s clothing, but inwardly are ravenous wolves. You will know them by their fruits. Grapes are not gathered from thorn bushes or figs from thistles, are they? So every good tree bears good fruit, but the bad tree bears bad fruit. A good tree cannot produce bad fruit, nor can a bad tree produce good fruit. Every tree that does not bear good fruit is cut down and thrown into the fire. The tree is known by its fruits.“*

This statement is a guideline for me when it comes to rate Gröning and his Teachings. What I could and still can see as fruits on me and others that I can tell, being a very critical person, are truly good fruits: Atheists find back their believe in God, people get back a heart-felt relation to Christ and His Teachings, the belief that God is the greatest doctor is strengthened,

spiritual healings are happening, depressive people become happy and positive again and much more.

That there are also people who create a personality cult around Gröning, and therefore show themselves as fanatic and dogmatic is not his fault but solely theirs! He cannot be blamed for it. Unfortunately, often his so-called friends are the ones who damaged his reputation. Similar cases repeat themselves in the history of mankind. When I just start thinking about what is already done in the name of Christ the subject explains itself.

The "critics" who already in the past named Bruno Gröning a charlatan did know little about him and most of them did not even know him personally. Also those who still today demonize him are often ill informed. I notice this when they talk about his life or quote him. Hair-raising! One copies from the other without any effort to enter deeper into the topic. With total inner conviction I can truly say that I do not think that Gröning is a charlatan but a great helper and servant of God.

Grönings Self-Concept

Bruno Gröning did not only wish to help people to become healthy again but his main life goal he expressed as follows:

„Often I have given you the knowing what my actual aim is: I want to lead every human back to the belief because every human is a creature of nature, every human is a child of God. We people only have one father and this is our Lord. And because many people went off belief and I want to lead them back to belief.“ (1st Oct 1949)

"I stand before people only like a guidepost who once again points out to them the right track, who once again shows them the path that they went off, bit by bit, since centuries. (...) If you decide for this path it is not my business, it is every persons' own business." (29th Sept 1950)
Bruno Gröning emphasized repeatedly that he only felt obliged to serve the truth and had the courage to hand it over, outspoken and in the words of todays time.

"I have the will to lead every human onto the good path but I have to tell him the truth." (6th Oct 1958)

But he also said:

"I do not know much; I know only further as what man do not know anymore today." (date unknown)

His Teachings, during the simultaneous absorption of the divine healing power that Bruno Gröning was allowed to pass on like a transformer, indeed led many people to health.

Apparently, this power flew to him in special amount so that he could, like a transformer, forward it depending on the need. But he emphasized again and again:

"It's not me who heals but it leads the people to their healing."

And he rejected every thanks towards his person.

"Who got the help should thank the Lord not the small Gröning. I am nothing, our Lord is everything!" (31st Aug 1949)

"I say (...) again and again (...): Never thank me, let's thank God. I always thank God that I can do this, that I am allowed to serve Him (...) How you show your gratitude towards God I leave up to you." (3rd Oct 1958)

"Just know that I am nothing else but your helper! Know, my dear friends, I am nothing more

but a servant of God what you also can be if you just want to, if you just do it! And know, my dear friends, that I am nothing more than a tool, a tool of God (...).” (4th Dec 1958)

Bruno Gröning consequently refused every kind of personality cult.

„I did not have the intention to raise myself like this, no, I was emphasized by ill people.“ (1st Oct 1949)

Although he repeatedly pointed out that one should only see him as a helper, still there were people who showed themselves as fanatic towards him and literally deified him. Therefore he put it straight:

„I do not want to be glorified by one single of my fellow men. I am not God but only divine like every other of my fellow man!“ (17th Oct 1955)

His promise: *“God willing, I will continue to help!”* (date unknown) did already fulfil itself. Countless healing reports in this day and age prove that he still follows this mission to help on a spiritual level from an otherworldly dimension. Particularly his Teachings are a milestone on the way to health and inner contentment if one really take them to heart. That’s the way his words are to understand:

“When I am once not on this earth anymore everyone, out of himself, can experience the help and healing.” (date unknown)

His Teachings

His Teachings Bruno Gröning did not record in written form but held mainly free-spoken faith lectures that were partially recorded on audiotape or were done in shorthand.

Additionally talks exist that were conserved for the ensuing ages in this manner, too, as well as hand-written notes of him. Who engages closer into his Teachings finds a great variety of topics widely exceeding the aspect of healing.

His knowledge came not from the mind like it is common nowadays. His way to recognize the truth led him mainly into nature. Already as a child it draws him into the woods.

“Here I experienced God: in every bush, in every tree, in every animal, yes, even in the stones. Everywhere I could stand and think for hours – actually there was no such thing as time – and always it was to me as if my whole inner life spread out as far as the eternity.”

(out of one of his biographies)

“I am not a studied person, I am neither well-read nor did I take on a human teaching, no. I went my own ways (...) and know how to walk them onward. I do not take on any human teaching.” (24th Sept 1949)

Bruno Gröning went only to primary school till the 5th grade what the academics of nowadays later used as negative against him. One called his simple, for everyone understandable words primitive and labelled him as an uneducated, yes, even stupid person. In China there is an interesting life wisdom referring to that: *“A noble man who has found the right path in no case needs to wear the dress of a scholar, yet in no case does one know if those who wear the dress of a scholar have truly found the right way.”* (Dschang Dse, „Worte, die Berge versetzen – Weisheit der Chinesen“, I,198)

The Teachings of Bruno Gröning indeed have no intellectual or even academic demand whatsoever but he takes from a source that was always the most important to him: God and His creation! Even if he emphasized that in the end he would not tell anything new he still felt obliged to point out a lot to the people in the today's words and, in some way, to shake up.

“I feel obliged to enlighten man.” (22nd Sept 1950)

“I teach our people all what, through the Teachings of Christ which we people have to put in practice, leads every man to God.” (date unknown)

“We are talking about truth here, to offer the truth to the people; to proclaim what is truth to the people and how God has designated life (...) for the people.” (18th Jan 1959)

“How necessary it is to tell you only the truth again and again, to only tell you the truth that you can experience for yourself. But you have to cross over to assure yourself of it.” (4th Dec 1958)

“I impose nothing on anybody, I leave it to the free will of the people and only advice him again and again to assure himself of everything (...)” (26th Dec 1958)

“Please, don’t be credulously! (...) You do not need to believe what I am saying. (...) One duty you have: to assure yourself of it!” (5th Oct 1958)

Outspoken, always simple, sometimes even loud, Bruno Gröning did talk to the people.

“Did you think that I am here to pet you all one by one (...), to caress you, to embrace you? I believe (...) it is better I openly tell the truth how people did spend life here. (5th Oct 1958)

“I repeated myself so often (...) and again and again I can only say with emphasis: it is necessary, friends! (...) I say it year in, year out, as long as I am allowed to be here, till man has caught it, till man does what he has to do and till he follows whom we all have to follow sooner or later.” (3rd Oct 1958)

“When does poverty and misery finally end? When gets the army of sick people reduced? (...) Dear friends, not in the way as man is used to it not. (...) He has to turn back, he must truly become and also do to what God has designated for him, not any way else, he must become a God-listener. He must come into the divine guidance, without it there is no life.” (5th Oct 1958)

God, the Father of All People

Bruno Gröning was filled with great love and awe for God and his creation. He said:

„God is our father, creator of our world!“ (31st Aug 1950)

„God is life. Love is God.“ (handwritten)

And he made clear:

„We are all dependent on God. Without God there is no life because God is life itself!“ (5th Oct 1958)

„God is everything to us and what are we without Him? I say with utter conviction – nothing!“ (4th Dec 1958)

In all of his lectures he always talked about how important it is for man to come to self-knowledge. All people, no matter what religion or nation, he named children of God. And he explained that everyone is in need to understand the rules of creation and put them into action.

„Our real host on this earth is God (...) and we have to act in accordance with our host.“ (3rd Oct 1958)

„Every creature belongs to God and God has one, that is to say His rule. Who does not know it, does not take it to his heart, does not follow it, won’t have any success.“ (date unknown)

With dunning words he insistently called mankind for the great turn back. He was convinced that on the basis of the non-observance of the wise rules of God so much misery, hardship and suffering developed on earth.

„*God won't bring any man, any of His creatures off his will.*“ (5th Oct 1958), he explained furthermore. But he also said: „*God's will is defined. God wants man to be helped the moment he realizes that the evil debases him. God helps him, God guides him and God also forgives.*“ (5th Oct 1958)

Many of his lectures he ended with the words: „*Love life – God! God is everywhere.*“ (4th Dec 1958)

Christ, the Savior

Absolutely straight and very often Bruno Gröning professed himself to Christ. In many of his lectures he talked again and again about Him and His Teachings in highest respect. As a sign he himself wore constantly a crucifix around his neck. He said:

“*Wasn't Christ the greatest example for mankind? (...) He did all what he had to do, all what God told Him. He went where God led him, not people. And He talked all what God did tell Him. (...) It is indeed the Teachings of Christ that you have to take to your heart. (...) Christ handed over so much good to us for our path of life. Why didn't the people take the good to their hearts, why didn't they absorb it?*” (4th Dec 1958)

A central point of the Teachings of Bruno Gröning is the call to all people to finally follow Christ seriously.

“*A real true Christian can only be the one who follows Christ like He expected us to, like His Teachings tell us all about it, my dear friends. And therefore Christ was thirty-three years on this earth (...) to communicate to us everything what God has to say for us, for the whole mankind. Because else the people could not listen to God anymore. (...) He (the human) is in need of being connected to God. (...) And more was not in the intention of Christ; more was not in the intention of God; that is the absolute true, divine teaching, that is the Teaching of Christ how He did it give away to us, how He did give it away to mankind! God-conjointness is everything!*” (4th Dec 1958)

Christmas was the most holy event for Bruno Gröning during the year.

“*What does this event mean to you (...)? What does the birth of Christ mean to you? (...) Why did God give Christ a life on earth here? (...) What was God's intention by this and what was Christ supposed to do here? (...) Isn't there a part in the song 'Silent Night, Holy Night' that says that Christ is the Saviour? (...) 'Christ, the Saviour, is here!' Yes, my dear friends, you sing it but you do not know it, you do not believe it, you did not take it to your heart! You did never follow all what Christ did hand over to us through His Teachings for our on-going life on earth.*” (4th Dec 1958)

And out of belief he said:

“*Christ is always amongst the people, He is not dead, there is no death, there is only redemption!*” (5th Oct 1958)

The confession of Bruno Gröning to Christ and His Teachings though does not mean that he was dogmatic or intolerant in any way. Never did he claim that only the Christian way leads to God.

Quite the contrary he clarified:

“*To me it doesn't matter at all how man finds God, main thing is that he finds God!*” (date unknown)

There is no such thing as „incurable“

“The greatest doctor of all people is and will always be our Lord!” (24th Sept 1949)

“Who did give life to you? Only God! And He wants to give you health!” (September 1949) Bruno Gröning avouched with insistence that there is no incurable disease.

“There is a lot that cannot be explained but nothing that cannot happen.” (4th Sept 1950) was one of his many wise sayings. Health he saw as the divine order in man, illness as disorder. This disorder would always happen if man did not act according to the laws of God what would mostly happen unaware. Thus the evil (the disease) is able to enter man.

“Jesus Christ knew that every disease comes through sin. Therefore He admonished the ill one after the healing: “Sin no more, lest a worse thing come unto thee.” (handwritten)

Unfortunately, according to Bruno Gröning, many had lost the belief that God could heal them on a spiritual way.

“Many people know how to brush aside by claiming then and now about themselves to be a believing person, (...) and they always believed, and they did pray to God, and He did not answer their prayers, and they were not freed from the evil. (...) I know (...) that they have fallen for a power, that is the power of habit and that they do only comfort themselves with the word ‘belief’ but cannot believe in reality because they did not yet take the word “belief” to their hearts, they did not put it into action yet!” (4th Dec 1958)

This belief in God’s help Bruno Gröning emphasizes as a basic condition to experience a healing by the spiritual way.

“If you just believe that you will experience the salvation then you already got help. Just believe!” (5th Oct 1958)

“Who believes in his health believes in God.” (handwritten)

Out of this reason he also said:

“It is wrong if you ask: ‘What can he heal?’ No, you have to ask the question: ‘Who can he heal?’ You can also balk at it. (...) But then it is not my fault!” (5th Sept 1950)

“Should I lie to you, should I say that someone like me counts here? No, friends, it is you who counts, how you absorb the good.” (5th Oct 1958)

Additionally he clarified:

“I do not ask any help-seeker to which religion or nation he belongs. Human is human, we people are all only children of God, there is no difference then (...)” (5th Sept 1950)

For Bruno Gröning the origin, the status, the title, the skin colour etc. was totally unimportant to help someone in the name of God.

But one condition he expressed very clearly, again and again:

“Help and healing comes only to the people who have the strong belief in our Lord. But (...) who did lost him and is willing now to accept him again, also help shall be bestowed to him.” (27th Aug 1949)

“Here the person itself counts, how he did free himself to receive the healing, that means he has to be pure. He must know that he is no blasphemer. He must know that he feels obliged and connected to live with the Lord. Then he is pure.” (27th Aug 1949) “Do have trust and strengthen your belief!” (11th Sept 1949)

“It should not be like people did imagine it to date that they go once in a week and that is the Sunday to the Lord’s house and pray there and that it would be done for the week again, (...). That is wrong! If I say ‘I believe in the Lord’ so I must be the person accordingly, must be a role model (...) and must also show that I am a good person.” (17th Oct 1949)

“Go to the Lord’s house, pray devoutly there (but) not like before, that single ones, maybe many, also have gone there only to see what one or the other person is wearing and to talk about him and many other dirty things (...). This one should not do if one goes to church! There one should pray piously and devotionally and thank the Lord for all what He has done good to man.” (17th Oct 1949)

“Do believe that you are not alone, do believe that you are a divine creature, do believe that you are a child of God! Do believe that God gives you everything what He has destined for you, for every creature.” (5th Oct 1958)

Bruno Gröning also pointed out that no one is allowed to demand something from God.

“The main part did expect to get healthy immediately. That is a demand. (...) You are only to get, to receive!” (22nd Sept 1950)

“Most of the time it is fast but who insists that it will be fast, that right no man has to demand suchlike. Don’t push and demand but ask the Lord (...)” (10th Sept 1949)

Also the gift of health no one could buy from Bruno Gröning. He rejected such intention strictly and admonished these people partially very gruff.

“The good, the divine you can not buy with money, with gold, also brilliants, with whatever you have. (...) Money is might, health is almightiness!” (3rd Oct 1958)

For him health was the most precious belonging and he named a healing even sanctification. Out of this reason he often said: *“To be rich means to be healthy!”*

The Importance of Energy Absorption

To get a healing through the spiritual way the regular absorption of divine power was a fundamental condition to Bruno Gröning. He also named the power of God healing current and explained:

“Everyone of these depleted bodies has a big energy deficit. (...) The bigger the loss of energy is the longer or more often there is a need for a recharging till the body has so much energy that it is operational again.” (handwritten) *“A person who is nervous, I say, he has no energy, he is chiselled out of the power, of the own body power.”* (5th Oct 1958)

“The energy wearing is very high (...) and therefore more than ever he (man) has to take care that he absorbs new energy on a daily basis. (...) Think of your body on a daily basis. Absorb new meaning good power every day. (...) And then, after that, if you have absorbed enough power, you will say: Now I feel well, now I feel free. Yes, to eliminate the evil (the disease), friends, for that you need much, actually very much good power (...). And this will only be possible so he (man) knows how to tune into and switch on the real true divine transmission.” (date unknown)

People who did absorb the power via the introduction by Bruno Gröning often reported that they felt a prickling and a strong feeling of warmth in their bodies. Many also described this body feeling as soft, pleasant current that flushes the body, often connected with a pleasant feeling of calmness and lightness. Also nowadays people who, inspired by the Teachings of Bruno Gröning, open themselves to the energy of God describe these phenomena. The divine energy goes without help to the parts where it must effect.

Bruno Gröning taught that man should not cross arms or legs during the absorption of the divine power because that would hinder the entering of the healing current. The hands should

be laid on the thighs like open blossoms. Additionally, it would be optimal not to lean the back onto a chair or armchair.

“And now I ask you to take apart your hands that you held together.” (9th /10th Sept 1949)

“Please leave the back free, the backrest has holiday today.” (4th Sept 1950)

“Those who still have a free movable body like to clench it very much. That is the power (...), the power of habit: crossing one’s legs. Sure he (man) can loll himself once in a while (...) but not there then he wants to receive the good, the divine.” (5th Oct 1958)

In the autogenic training one speaks also of the so-called „Droschkenkutscherhaltung“. He explained that one should imagine legs and arms like conductors. In this technical example a contact of two non-isolated conductors causes a short circuit. This would be the same in the body. The crossing of the arms or legs initiates an energy hold-up so that the subtle energies cannot flow through correctly. Even if a person is bedridden he can follow that. So the healing power of God can also be experienced while in a supine position.

Bruno Gröning explained in addition that there exists a close connection between the absorption of divine energy and the divine protection.

“Does he (man) absorb the energy of God he stays in the divine guidance, then he has the protection. But does he get out of this guidance, then he doesn’t have it, then he is without guidance.” (5th Oct 1958)

On the basis of these explanations it gets clear how crucially important it is to take time on a daily basis to go into the silence and to absorb the divine energy.

A saying is: *“In calmness lies power!”*

“Because this he (man) has to do first: to shake off the discomposure, not absorb the discomposure in the first place but only one thing: absorbing the calmness, move to calmness (...) and then he will not only get a good, a pleasant feeling but then he will receive the good thoughts, the thoughts from the good, from the divine source of thoughts.” (26th Dec 1958)

Positive Thinking

Not only the position of the body is essential for the absorption of the divine healing power but also the inner position.

“When can you absorb it? Not before you yourself did let go of the evil, so that you really do not have anything in common with the evil anymore. Before that the absorption can not take place. Before that it is not possible. So, open your heart now and really pour it all out. Away with all sorrows and worries!”

An elementary part of the Teachings of Bruno Gröning is the knowledge about the power of thoughts. The help and healing seeker should let go of all negative thoughts very consciously especially thoughts about the disease, all fears, sorrows and worries. *“Trust and have faith, the divine power helps and heals”*, Bruno Gröning emphasized again and again. The inner, positive attitude he pointed out as the fundamental condition so that God can be effective.

“Don’t think about the disease, about the past.” (19th Sept 1950)

Sometimes Bruno Gröning told that many people literally sit on their disease and would not let go of it.

“If he (the human) keeps himself busy with his suffering, it is impossible for him to receive at all.” (7th Sept 1950)

“On-going man does keep himself busy with what he had felt as un-healed at his body. He nurtures and cultivates it. He does all possible. He knows nothing else to do because the power of this habit became second nature to him (...). He really keeps himself busy with the un-healed and by this he breaks up and debases his body.” (5th Oct 1958)

“I say who keeps himself busy with his disease does hold onto it but who wants to get rid of it, and this everybody wants, might not think about it but observe his body (...).” (23rd Sept 1950)

“Good goes only in where bad got eliminated.” (31st Aug 1950)

The conscious letting go of the thought about the disease is consequently the basic condition for every spiritual healing. Therefore man shouldn't also not say: “That is my disease” because with this thought he would hold onto it. Also he should not say: “I have this disease” but “I had this disease” to already let go internally. Bruno Gröning warned the healing seekers in general to talk about the diseases.

To receive the healing wave it is important that man is correctly tuned in that means into strong faith in the healing and into the right sender, God himself! Bruno Gröning often told the example with the radio. All negative thoughts create a bad reception. God always sends all good things but many people cannot feel it because they have a false attunement to life.

It is recommended to listen to a comforting music during the attunement to the divine sender and simply think about something beautiful. Many do imagine the ocean, the mountains, pictures of the wood or of the countryside, a sunset or else. At the same time one should observe one's body.

“You only have to tune yourself in to receive the divine transmission or better said to get it. How you get this transmission you will get to know. But again and again I have to say, not before you give your body full attention, you pay attention what happens inside, even less around but only inside, in your own body. When you get distracted by the surroundings then simply close your eyes (...).” (date unknown)

Friedrich Retlow mentioned in his brochure “Bruno Grönings Heilstrom – seine Natur und Wirkung” (translation: “Bruno Gröning's healing current – his nature and effect”) from the Fifties another important aspect referring to the positive thinking:

“Especially in healings via the energy current (...), which the materialistic world faces disbelieving and rejecting, the danger is there that snide opinions, mean judgments storm onto the ill person (...) and by this destroy the belief in his healing and health. (...) Some fall-back into the former state of disease is to be attributed to this destroying influence of negative thoughts. Thoughts are powers that have their own specific resonance and vibration. (...) If therefore ill people (...) from a harmonic environment of good, helpful and confident people step over into another circle of mocker, doubter and disbeliever and have to stay there, out of the mentioned reasons, there can be fall-backs whose causes are not recognizable on the outside. It is therefore a command of intelligence during such a change of environment as well as generally in the communication with sceptics and ignoramuses to stay silent about an induced healing through the current. Not until the period of transition is over and the state of health is strongly founded and seems to be safe should one talk freely about it.”

The power of thoughts, not only referring to health but in all states of life, is pointed out in many books of our time, partially in a millions editions. Authors like Dr Joseph Murphy, Norman Vincent Peale, K. O. Schmidt, Dale Carnegie, Louise L. Hay and many others have written great books about this topic.

Regulations, a Cleaning Process

During or after the attunement to the divine healing power pain in the body can occur, so-called regulation pain. They appear when the former disease (disorder) in the body gets transformed into health (order) through the in-flow of the healing current. In the process the accumulated debris and toxins must get removed and rejected.

Bruno Gröning said about this:

“What does not belong in must get out!” (date unknown)

In regulations he saw nothing else but a cleaning process, which is simply necessary for some people.

“The regulation pain has to be! Often individual people worry that a fall-back occurs when the regulation pain starts. (...) Therefore I draw your attention to accept it when the regulation pain comes. Nothing bad happens but only that the human becomes healthy.” (1st Oct 1949)

“There, where everything was in disorder, health has to fight its way and to work as long as this or the other organ, meaning the ill organ, is in order again. Don't be afraid, let it happen. It is the good, the divine!” (23rd Sept 1950)

“It is just a matter of the suffering that this one or the other one has in his body. Everything takes its time!” (15th Oct 1949)

So, for example, headaches may occur often.

“Who gets a headache I say ‘great’, because there it must work then, it has to go through now to effect the organ, (...).” (31st Aug 1950)

Also pain in places where the illness had fixed itself may appear. Reactions like diarrhoea, choking up, fever, tiredness and more are also not unusual. Bruno Gröning described this regulation process as something very positive because this would be a sign that man responds to the divine power and the cleaning process in his body starts.

In the area of homeopathy the term “initial worsening” is known, too. In the scriptures of the famous doctor Paracelsus from the 16th century it already becomes clear that he also knew the phenomenon “initial worsening”: *“He who wants to become healthy again has to know that it does not work without pain, (...) and how we get our nourishment from our sweat so it is here: in our sweat, with pain we will get healthy from illnesses.”* (from “Paracelsus, die Geheimnisse”, p. 208)

It is worth mentioning that also there were and still are today many healings without any regulation states.

About all it is important to empathize again that one should always stay under medical control. Bruno Gröning did never advise against doctor's visit or the use of medicine! Many audio records of his lectures prove this.

Call for the Great Reversal

“As true as it is that there is the Lord there is also the Satan.” (22nd Sept 1950)

With his clear words about the evil Bruno Gröning did not intend to provoke fears nor prepare the ground for religious fanaticism but to enlighten the modern man and to warn about this negative power. For him the existence of the evil was the cause for all negative development on earth like e.g. wars, plagues, diseases, the destroying of nature and much more. *“That the*

Satan rages here amongst the people one can not mention enough.” (19th Sept 1950)

“Satan succeeded with his work. His work is done!” (23rd Sept 1950)

“This Satan (...) did indeed manage it to tempt man with all possible (...), he managed it to draw man away from the true, divine path. He did tempt him, he did lure him and led him on meander on which mankind mainly is.” (26th Sept 1950)

Bruno Gröning talked in this context especially about imperiousness and money addiction to which many have fallen. Also he emphasized that the striving for material goods did held many back from striving for God.

“The evil (...) puts all in to hinder people again and again that they do not take the good path (...).” (26th Dec 1958)

He also explained how the evil gets power about a person in fact through the thoughts. He depicted God as the good source of thoughts, Satan as the bad one. Man must check again and again where a thought would come from and if it was worth absorbing. The bad thoughts every man should reject consciously like e.g. thoughts of revenge, envy, greed etc.

And again he warned:

“The evil will defend himself. The evil will always do everything not to get eliminated. And the evil is so deceitful and knows how to creep and sneak in everywhere.” (4th Dec 1958)

Therefore Bruno Gröning called the people to fight against the evil that means to defend oneself internally against all that one has already seen through. Without fight there is no victory he clarified.

Wide circles of liberal theologians interpret the distinct confession of Christ in the New Testament concerning the existence of a satanic power unfortunately only as a matter-of-history misconception. It seems not to fit into the worldview of a modern person. But behind this a great danger lies. Augustinus once said: *“The power of the devil is the highest there one does not believe in his existence anymore.”*

Bruno Gröning was aware of this and therefore called mankind to the great reversal:

“But two masters, my dear friends, you cannot serve. Not on the one hand the evil and on the other hand God! (...) All of this what you have sensed as evil in this life, on earth, till now you have to put aside completely. You have to turn your back to evil; you have to go the other way. And therefore I call you for the great reversal! Go your way as – for us all through Christ – God destined it.” (4th Dec 1958)

Communities

Due to the fact that a lot of people experienced healing while listening to the words of Bruno Gröning and by simultaneously absorbing the divine power, groups formed spontaneously. They are called communities.

On the 5th of October 1958 Bruno Gröning said referring to that:

“I, myself, did not build up a circle of friends, (...), but this arose from the free will of people, (...). So was it that the communities came to live, dear friends. It would have been wrong if I had said: “So, you create a community, and you, and you (...) and so on and on. (...)” In most cases it was (...) that (...) when this one and that one experienced healing at one’s own body that they did feel obliged to help others to be as lucky as they are.”

"Together one is strong" is a well-known wise saying and explains the intention of the communities. No matter in which religious or spiritual association people always look for like-minded people to strengthen each other in their belief, exchange experiences, absorb energy together and to pray. It's not different with the communities who refer to Bruno Gröning.

But also one can receive the divine power in one's own home or at any other place.

"Sit down at home exactly the same like you've sat down here (in the community). (...) Just the same you can receive at home." (07.09.1950)

"Like you got the current, the healing wave here in the same manner you get it no matter where you go, no matter where you stand, no matter where on this earth." (23.09.1950)

Bruno Gröning fulfilled the wish of many leaders of communities to visit such circle of friends. In the context of these gatherings he gave countless lectures. The "Gröning-Bund", an umbrella organization founded 1953 by initiative of Gröning, took care of them. 1958 the "Verein zur Förderung seelisch-geistiger und natürlicher Lebensgrundlagen" replaced the "Gröning-Bund". Bruno Gröning did always aim for an incorporated association to ensure legal cover of his work. But already after a short time he was very unsatisfied with the persons in charge and planned, provable with statements under oath, to dissolve the association. However because of his death he wasn't able to get around to do it. This association still exists today. In the meantime new associations were founded out of various reasons. All these associations take care of their affiliated communities.

By now there is a new trend. In the last years more frequently independent communities formed in which the visitors, independent of an association, can spend time with the teachings of Bruno Gröning and absorb the divine power together. The "Circle of Information: Life and Teachings of Bruno Gröning Inc." wants to support these independent communities and, if wished for, support the solidarity of such a free bond and spiritual network.

Bruno Gröning was forced to change his plans in the tide of life out of unfavourable events. In the beginning he had the vision to build up places for healing in close connection with doctors. He would have been ready, under favourable conditions and under the attendance of doctors, to work in hospitals. Later he even wanted to become an alternative practitioner but he got refused. Thereupon, as mentioned, he founded the "Gröning-Bund" or following the "Verein zur Förderung seelisch-geistiger und natürlicher Grundlagen". He did everything to help people in a well-ordered manner. He marked himself as very flexible in that.

Short Healing Reports

Katharina D. had a stiff hand. No one could help her. During an encounter with Bruno Gröning she got healed spontaneously.

Hugo P. received a healing of years long rheumatism and sciatica troubles.

Elisabeth S. was deaf for 20 years on the right ear. She becomes healed though the treating physician told her that a regaining of the hearing is impossible.

Frau W. had strong asthma for many years and was likely to choke. After a lecture of Bruno Gröning she is healed completely.

Herr S. gets a healing of the Bechterewscher disease while Bruno Gröning made himself available for science at the Ludolf Krehl clinic in Heidelberg under the patronage of Prof. Dr. Weizsäcker. The “healing method” of Gröning should have been explored there.

Zenta S. gets healed at the age of 57 of stuttering that she had since the age of six.

Frau K. gets a healing of neuralgic pain that bothered her for ten years.

Erich B. gets healed after many years of multiple sclerosis. Out of gratitude he becomes an assistant of Bruno Gröning.

Lina B. gets a healing of both-sided hip joint inflammation that bothered her for years. It was classified as incurable.

Johann S. gets healed of a very painful duodenal ulcer and heavy gastroptosis.

Paula B. got released of heavy heart trouble.

Adolf G. gets healed of stomach cancer. He visited only one lecture of Bruno Gröning.

Herr R. was blind on the right eye since 7 years. He regains his full eyesight.

Johanna B. suffered under asthma for 20 years, had such high shortage of breath that her heart was likely to stop. Her healing was even confirmed from the medicinal side.

Franz N. had spinal infantile paralysis since 30 years. His healing gets confirmed medicinal, too.

Gisela K. had heavy sciatica troubles. For years she could move only under very strong pain. It was likely for her to end up in a wheel chair. The doctors had given her up. Since an encounter with Gröning she gets healed completely. “Das neue Blatt” releases her healing.

A few Voices about Bruno Gröning

„The phenomenon Gröning did interest me as a doctor to such an extent that since many weeks I spend many days but also many nights on the side of Gröning. (...) Gröning poses us doctors riddles: Firstly, he can heal or at least give some relief to ill people with the heaviest of suffering, amongst them even blind ones – I witnessed it myself – through personal contact and strongest concentration. Secondly, through the, named by him, long distant healing Gröning can gain the same successes that is to say complete healing or after all extensive improvement. Also long distant healing I witnessed myself. (...) We doctors can and must learn a lot from Mr Gröning because it is proven justly in hundreds of cases that the small Gröning had helped and did heal completely where science and medicinal ability already had failed.” DR. MED. ZETTI

„It turned out that Mr Gröning examined no one who came to him. No case got known to me in whom Mr Gröning touched a patient’s body. Never it got known to me that he tried to influence an ill person to relinquish the help of a medical specialist. He also did not order any medicine (...). No case got known to me in whom Mr Gröning demanded money from a

person he treated (...). I did not think of him as a charlatan (...). Undoubtedly it was for me that powers were coming from him that effected healing on the people.” BISCHOF DR. HERMANN KUNST

„No one can deny that Bruno Gröning did heal already many ill people who were sentenced incurable. The book learning rushes to explain that this is nothing extraordinary as far as it deals with diseases that have their cause in the psyche. But why the academic medicine had so little success in this treatment method no one says. Or are these cases so rarely that one prefers to keep silent completely? The “new healing method” in Herford is however worth the sensation that takes place.” DR. PHIL. A. KAUL

„Gröning is one-of-a-kind appearance, not to be classified in any psychotherapeutic, psychological school. I think he was a deeply religious person. A humble, believable, good-natured, helpful man.” HELMUT KINDLER, publisher